

Midwestern Conference on  
**Health Care  
in the Elderly**

**Friday**  
**January 28, 2005**

**27<sup>th</sup>  
Annual Meeting**

Please Print clearly:

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**For Office Use Only** PN 05-028-80  
Category 1 AMA credit earned \_\_\_\_\_ CEUs \_\_\_\_\_ Date \_\_\_\_\_

**REGISTRATION FEES**

Physician @ \$125 \$ \_\_\_\_\_  
Nurses, Physician Assistants  
& Allied Health Care Professionals @ \$60 \$ \_\_\_\_\_  
Residents in training @ \$40 \$ \_\_\_\_\_  
(Letter of verification from program director required)

**METHOD OF PAYMENT**

Enclosed is a check made payable to  
**The University of Iowa** in the amount of \$ \_\_\_\_\_

Please charge my:  VISA  MasterCard

Account Number \_\_\_\_\_

Signature \_\_\_\_\_ Expiration date \_\_\_\_\_

**Three ways to register**


Continuing Medical Education Division  Phone: 319-335-8599  
University of Iowa Carver College of Medicine  
300 Medicine Administration Building  FAX: 319-335-8327  
Iowa City, IA 52242-1101

The University of Iowa requests this information for the purpose of processing your registration.  
No persons outside the University of Iowa are routinely provided this information.

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 **UNIVERSITY OF IOWA  
CARVER COLLEGE  
OF MEDICINE**  
University of Iowa Health Care

Continuing Medical Education Division  
University of Iowa Carver College of Medicine  
300 Medicine Administration Building  
Iowa City, IA 52242-1101

In cooperation with the University of Iowa College of Nursing, American Academy of Family Physicians,  
and University of Iowa Hospitals and Clinics Department of Social Services (IBSWE Provider 32).

**CONTINUING  
MEDICAL  
EDUCATION**

 **UNIVERSITY OF IOWA  
CARVER COLLEGE  
OF MEDICINE**  
University of Iowa Health Care

**27<sup>th</sup>  
Annual Meeting**

Midwestern Conference on  
**Health Care  
in the Elderly**

**Friday,  
January 28, 2005**

**Location:**  
**Braley Auditorium**  
**Pomerantz Family Pavillion**  
**University of Iowa Hospitals and Clinics**  
**Iowa City, Iowa**

Sponsored by:  
The Donald W. Reynolds Foundation, Iowa Geriatric Education Center,  
Departments of Family Medicine and Internal Medicine, University of Iowa  
Roy J. and Lucille A. Carver College of Medicine, Center on Aging, Cancer  
and Aging Program

# CANCER AND AGING AGENDA

- 7:45 Exhibits Open for Viewing**  
**Registration and Continental Breakfast**
- 8:10 Welcome and Introduction**  
John W. Rachow, MD, PhD
- 8:20 Geriatric Oncology for the Non-Oncologist**  
Jeffrey Spiess, MD
- 9:10 Keynote Address: Fatigue and Anemia in the Older Cancer Patient**  
Lodovico Balducci, MD
- 10:00 Poster Session and Break**  
Family Medicine Large Conference Room
- 10:30 Giving Patients Difficult News**  
Marcy Rosenbaum, PhD
- 11:00 Can We Screen for Cancer in the Oldest Old?**  
Robert Wallace, MS, MD
- 11:50 Poster Awards and Morning Wrap-Up**
- 12:00 Lunch and Cancer Information Table**  
Solarium, 8<sup>th</sup> floor John Colloton Pavilion
- 1:00 Complementary and Alternative Therapy Use in the Older Cancer Patient**  
Nicole Nisly, MD
- 1:45 Pharmacological Approaches to Cancer Pain in the Elderly**  
Lee Kral, PharmD, BCPS
- 2:15 Case Study: Delirium in an Older Cancer Patient**  
Jose Ness, MD
- 2:45 Break**  
Family Medicine Large Conference Room
- 3:00 Managing Non-pain Discomfort in the Older Cancer Patient**  
Paula Forest, RN, MSN, OCN, GNP, ARNP
- 3:45 Identifying and Addressing Psychosocial Issues of Caregivers of Older Cancer Patients**  
Karyn Berlin, MSW, LISW
- 4:25 The Role of Hospice**  
John Boardman, RN, BSN, MHA
- 4:55 Wrap-up**  
John W. Rachow, MD, PhD
- 5:00 Adjourn**

Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.

Disclosure Policy: Speakers will disclose to attendees the nature of any significant financial relationships they have with the commercial companies providing support, as well as the commercial manufacturers of products and/or the providers of services discussed in their presentations. They will also disclose if any pharmaceuticals or medical procedures or devices discussed are investigational or unapproved for use by the Food and Drug Administration (FDA).

# GENERAL INFORMATION

## Location

The Conference is located in Braley Auditorium, Room 01136 in the Lower Level of the Pomerantz Family Pavilion at the University of Iowa Hospitals and Clinics in Iowa City, Iowa. Take hospital elevator I to LL. Turn left off the elevator and left at the Orthopaedics Registration desk. Once you've passed the desk take a right and walk down the hallway until you come to Braley Auditorium.

## Registration Fees

The fee will be \$125 for physicians and \$60 for nurses and allied health professionals. Residents in training may register for a fee of \$40 with a letter of certification from their director of education. This fee includes registration, tuition, symposium handouts, continental breakfast, refreshment breaks, and buffet lunch.

## Refund

All but \$15 of the fee is refundable if inability to attend is made known on or before January 24, 2005.

## Credit

**Physician:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The UI Carver College of Medicine designates this educational activity for a maximum of 7.0 hours in category 1 credit forward the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spends in the activity. All registered attendees will receive certificates in participation stating that this educational activity is approved for 7.0 hours in category 1 credit toward the AMA Physician's Recognition Award.

**Nurse:** The University of Iowa College of Nursing is an Iowa Board of Nursing Provider, Number 1. This is a .78 CEU or 7.8 contact-hour program. Program number 05-028-93.

**Family Physician:** This program has been reviewed and is acceptable for 7.0 prescribed hours by the American Academy of Family Physicians.

**Social Worker:** The UIHC Department of Social Service is an Iowa Board of Social Work Examiners approved provider #0032. Full-time attendance at each session is approved for 6.6 hours of continuing social work education.

## Parking

Parking is available for \$12 a day (\$8 if you arrive after 9 am) in ramps adjacent to the University of Iowa Hospitals and Clinics.

## Emergency Calls

You may be reached during the conference hours at 319-335-8599, the Continuing Medical Education Division.

## Housing

For information about overnight hotel accommodations please contact Susan Zollo at 319-335-8597 or [susan-zollo@uiowa.edu](mailto:susan-zollo@uiowa.edu)

# PROGRAM FACULTY

## University of Iowa Faculty

**John W. Rachow, MD, PhD**  
Assistant Professor  
Department of Internal Medicine

**Jeffrey L. Spiess, MD**  
Associate Professor (Clinical)  
Department of Internal Medicine  
Division of Hematology, Oncology,  
Blood & Marrow Transplantation

**Marcy E. Rosenbaum, PhD**  
Assistant Professor  
Department of Family Medicine

**Robert B. Wallace, MS, MD**  
Professor  
Department of Epidemiology

**Nicole L. Nisly, MD**  
Assistant Professor (Clinical)  
Department of Internal Medicine

**Lee Kral, PharmD, BCPS**  
Pharmacist  
Center for Pain Medicine and  
Regional Anesthesia  
Department of Anesthesia

**Jose Ness, MD**  
Assistant Professor (Clinical)  
Department of Internal Medicine

## Purpose

Designed for primary care physicians, nurses, social workers and other health care professionals, the conference instructs participants in the diagnosis, treatment and management of disease and disorders common in the elderly. This year's program focuses on primary care issue in the management of older persons with cancer.

## Objectives

Upon completion of this course, participants will be able to:

- Review the management of fatigue and anemia in the older cancer patient.
- Evaluate the use or nonuse of cancer screening methods in the oldest old.
- Identify appropriate methods of giving patients difficult news.
- Describe the impact of cancer diagnosis and treatment on older cancer patients, and the role of primary care providers in geriatric oncology patient care.
- Discuss complementary and alternative therapy use in older cancer patients.
- Discuss recommended approaches to treat geriatric cancer pain.
- Describe the assessment of delirium in an older cancer patient.
- Explain the management of depression, anxiety, nausea and nutritional concerns in geriatric oncology patients.
- Identify psychosocial issues of family caregivers and appropriate interventions.
- Explain the role of Hospice in end of life care for the older cancer patient.

**Disability Statement:** The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, 319-335-0705.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at 319-335-8599.